

Packing List

List of Things to Bring



- High Ropes/ Caving / Abseiling or any Rope Activity**
Long track pants (for extra protection) or shorts (if you prefer to stay cool), short/long sleeve t-shirt, covered-toed shoes with good grip. Please note that you will get sweaty and a little dirty during this activity.
- White Water Rafting**
T-shirt and shorts or tights and covered toed shoes or sports sandals. No ladies sandals or flip flops or Crocs allowed. Please note that you will get completely wet during this activity. You must be able to swim in your clothes. No jeans allowed.
- NOTE:** *If your shoes do not adequately protect your feet, we will ask you to buy our rubber shoes for RM 10 as a condition of your participation.*
- Caving or Overnight Stay**
A torch light if you are going caving or staying overnight.



NOTE: Please **DO NOT** wear the following types of footwear during activities! But you may wear slippers around Earth Camp.

- Extra clothes to change into after the activities. Don't forget dry footwear, fresh underwear and a plastic bag for your dirty stuff!
- Towel, soap, shampoo and other toiletries for a shower. There are ample showers at Earth Camp.
- Also useful are: Sunscreen, mosquito repellent, **personal water bottle** (we have water dispensers to fill up), personal medication, sunglasses, cap, and snacks.
- A day pack or bag to put it all in.
- A little bit of money for souvenirs but otherwise please leave your valuables at home. Earth Camp has full mobile phone reception and electricity, but limited plug points for appliances.
- You may bring your cameras. But make sure they are waterproof.
- If you are staying overnight, we will provide a thin blanket, pillow sheet and bedsheet which are comfortable for most people. But if you are the type who suffers from the cold, then you can bring a blanket or sleeping bag.

Information on Earth Camp

Earth Camp is Nomad's eco friendly campsite. As Winner of the President's Award from Perak Tourism Association, our concept is Back-To-Basics. If you are staying overnight, please remember that Earth Camp is a camp not a resort!

REDUCE Your consumption. Negativity in your team.

REUSE Your resources. Your body, senses and mind in a whole new way

REPURPOSE What you already have. Reset your goals, clarify your intentions, realize your values.



Dormitories



Tree Houses



Eco-Friendly Campsite



Nature Lounge