

**ESSENTIAL ITEMS TO BRING
ACCORDING TO ACTIVITY**

CAVING ACTIVITY

- Headlamp

Nomad do not provide the headlamp



**HIGH ROPES / ABSEILING OR ANY ROPE
ACTIVITY**

- Long pants (extra protection)
- Sportswear Shorts / long sleeve t-shirt
- Covered-toed shoes with good grip

WHITE WATER RAFTING / WATER ACTIVITY

- Dry fit T-shirt & shorts / tights
- Covered toe shoes / sports sandals
- **NO JEANS ALLOWED**

NOTE Please **DO NOT** wear the following types of footwear during activities ! You may wear any kind of footwear around Earth Camp.



- Please bring your own water bottle for filling up drinking water
- Please avoid one-time-use plastic
- Protect the environment.



#nomadadventure

BASIC ESSENTIAL ITEMS

- Extra clothes - to change into after the activities.
- Dry footwear
- Laundry bag - for your dirty & wet clothes
- Toiletries - shampoo, towel, soap & etc
- Sunscreen
- Mosquito repellent
- Personal water bottle
- Personal medication
- A day pack or bag - to put all in

OVERNIGHT CLIENT

- Pillows & Sleeping bag for own comfort
- Raincoat / Umbrella - in case of raining
- Free time games & activity
- We do have a locker for you to put your valuables in common area

**Facilities can be used
- Day trip activity -**

- Toilet & Shower
- Makan place
- Lounge
- Riverside



Information on Earth Camp

Earth Camp is Nomad's eco friendly campsite. As Winner of the President's Award from Perak Tourism Association, our concept is Back-To-Basics. If you are staying overnights, please remember that Earth Camp is a camp not a resort!

REDUCE Your consumption. Negativity in your team.

REUSE Your resources. Your body, senses and mind in a whole new way

REPURPOSE What you already have. Reset your goals, clarify your intentions, realize your values.

